## Reducing Vulnerability to Human Trafficking

Research on awareness campaigns in Nepal



#### The problem of human trafficking

Worldwide

In Nepal:

About 1 in 350 people are victims

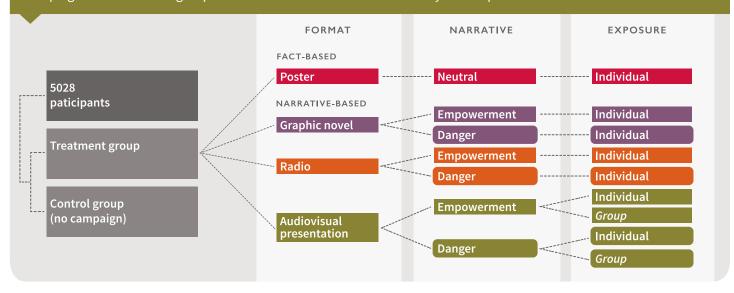
Over **US\$ 150 billion in illegal profits** every year

Almost 1 in 100 people are victims

Girls and boys, women and men are trafficked for sex and labor domestically and internationally, to India and beyond The 2016 Global Slavery Index ranked Nepal 13th of 167 countries according to share of population in slavery

#### Measuring the effectiveness of campaigns

We examined the effectiveness of various awareness campaigns in eliciting change in participants' knowledge, attitudes, beliefs, and practices regarding human trafficking. Participants were randomly assigned to one of several campaigns or to a control group. Effects were documented immediately after exposure and six months later.



### Anti-trafficking awareness campaigns work

Better ability to recognize trafficking

Without campaign, 1 in 100 self-identify as victims; with campaign, 2 in 100 do Without campaign, 4 in 100 recognize trafficking among family and friends; with campaign, 10 in 100 do Perceptions and willingness

Greater awareness that boys and men are vulnerable and that trafficking is an urgent problem

Increased willingness to engage with victims and commitment to act against trafficking

Yet, the **effects of campaigns are mostly short-lived** 

## Lessons for Designing Anti-Trafficking Campaigns





Narrative-based formats are more effective than the fact-based, poster format No narrativebased format is consistently more effective than others **Radio is the most cost-effective**, given its lower production and dissemination costs

Empowerment narratives work better than danger narratives

**Empowerment narratives are more effective**, especially when it comes to improving attitudes toward victims



# Evidence regarding individual versus group exposure Individual Group Improves knowledge about what constitutes trafficking Encourages positive attitudes toward victims and support for anti-trafficking policies Enhances ability to recognize cases of trafficking Fosters the belief that trafficking is a problem and increases sense of urgency around it Increases perceptions about frequency of different types of trafficking Increases perception about vulnerability of boys and men Promotes commitment to act against trafficking

**Individual exposure is substantially less costly**, as it does not require assembling individuals or providing a facilitator

Campaigns should be recurrent whenever possible

**Repeated anti-trafficking awareness campaigns are needed** to reinforce desired changes in knowledge, attitudes, beliefs, and practices

#### About the study

Archer, Dan, Margaret Boittin Osgoode, and Cecilia Hyunjung Mo (2016).

Reducing Vulnerability to Human Trafficking: An Experimental Intervention Using Anti-Trafficking Campaigns to Change Knowledge, Attitudes, Beliefs, and Practices in Nepal. Research and Innovation Grants Working Papers Series. USAID, Vanderbilt University, and Institute of International Education. The working paper is available here: https://goo.gl/igwOLb